



Portland High School Athletics
Proof of Physical

August 15th 2011 is the opening practice date for Portland High School fall Athletes. In order to compete, all athletes must have a proof of physical to give to their coach. If your son or daughter has had a physical in the last year please please be sure to have your physician send a copy to Portland High School via fax @ 874-8248 attention Mike McCullum.

Athletes will not be allowed to practice until they have proof of a physical within the last year. Portland High School will be offering physicals on August 16th and August 19th at the school, but space is limited. PLEASE DO NOT WAIT!!

If you have any questions please feel free to call Mike McCullum, Director of Athletics at 874 8257.